



The Nature Connection Memory Café

What is a Memory Café?

A memory café is a social gathering for individuals living with dementia and their care partners. Guest are welcome whose dementia is due to any underlying condition, and at any stage of the disease progression. Care partners can include spouses, children, friends, and professional caregivers. Cafes strive for an atmosphere that's more like a coffee house or a neighborhood party than a clinical program. Cafes provide a break from focusing on the disease and disability.

The Nature Connection Memory Café

The Nature Connection Memory Café is all nature themed! The café is held inside our nature center filled with small animals, plants, and natural materials. Share your knowledge & learn from naturalist experts during hands-on explorations and activities each month - Give us a call at 978-369-2585 or check online for each month's specific nature topic. There will always be variety and/or the option to just sit and enjoy the company of nature.

Logistical details

- Day/time: Third Friday of every Month, 11:00 am – 12:00 pm. The date may change due to major holidays or organizational conflicts, so it's best to call or email prior to attending the first time.
- RSVPs are requested.
- Cost: Free of charge. Donations accepted.

For more information or to register, contact Carol at:

Phone: 978-369-2585

Email: welcome@nature-connection.org

Website: www.nature-connection.org/events

Location: The Nature Connection, 80 Beharrell St., Suite D, Concord, MA 01742

